

KGI PROGRAMS '22

GROW & EMERGE





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Introduction



The Korin Gamadji Institute (KGI) is a centre of cultural strength and learning for Indigenous youth.

Through the delivery of best practice programs, KGI has contributed to the growth of over 2500 emerging Indigenous leaders.

Each year, KGI offers a range of programs and hosts a number of community events.

This booklet outlines our programs for 2022.

Richmond Emerging Aboriginal Leaders (REAL) program

The REAL program is a culturally responsive best practice leadership program for Indigenous youth from Years 7-12.

The REAL program is based on knowing that for Indigenous youth, leadership is developed through active participation in education programs, health, and wellbeing experiences (including sport) and connection to culture.

Developed by Indigenous experts, the REAL program curriculum is strengths-based and designed around the age and experience of participants.



In 2022, KGI is offering four REAL programs:

- REAL Schools Program (Years 7-12)
- REAL Program Years 7 & 8
- REAL Program Years 9 & 10
- REAL Program Years 11&12

Pathway programs

KGI also offers three specialised programs that build upon the lessons learned through the REAL program and provide targeted pathways.

In 2022 KGI is offering three specialised programs:

- KGI Elite Sports Program (Years 9-12)
- KGI Advanced Leadership (Ages 18-25)
- KGI Youth Parliament Team (Ages 16-25)

Community events

Each year KGI hosts a range of events for the wider Indigenous community.

In 2022 KGI will host three events:

- KGI Season Launch at Richmond Football Club (February)
- Dreamtime Community Event (May/June)
- KGI End of Year Celebration (December)



The KGI Difference

KGI program staff are all Indigenous and bring a range of skills and experience.

Cultural safety is important to the KGI, and through targeted training and supervision by an Indigenous psychologist, we provide an environment that is safe and supportive.

Our programs are evaluated by an Indigenous researcher, using an Indigenous methodology.

Our work is governed by the KGI Advanced Leadership Group who provide critical feedback and innovative ways to keep our programming responsive and relevant.

Program participants are made aware of their rights and responsibilities and are provided with culturally safe ways to provide feedback.

Our programs are inclusive and welcoming of self-identifying Indigenous youth of all genders, sexualities, and abilities.

Our programs support the Richmond Football Club Green Strategy and are free from single-use plastics.

We are committed to removing barriers to participation and can provide additional support on a case-by-case basis.

Our programs are free for all self-identifying Aboriginal or Torres Strait Islander young peoples (13-25), this includes young people who are exploring their cultural identity.

Get involved

To be involved in our programs and events, you can enrol directly into our programs, or join our mailing-list.

kgi.org.au

REAL Schools Program

REAL Schools is a school-based program that introduces Indigenous students to the work of the Korin Gamadji Institute.

Within this program, students will learn about the Richmond Emerging Aboriginal Leadership (REAL) program, including an introduction to the three key pillars of the program: Leadership, Social and Emotional Wellbeing, and Culture.

This interactive program includes cultural games, content from Richmond Football Club Indigenous players and practical social and emotional wellbeing exercises.

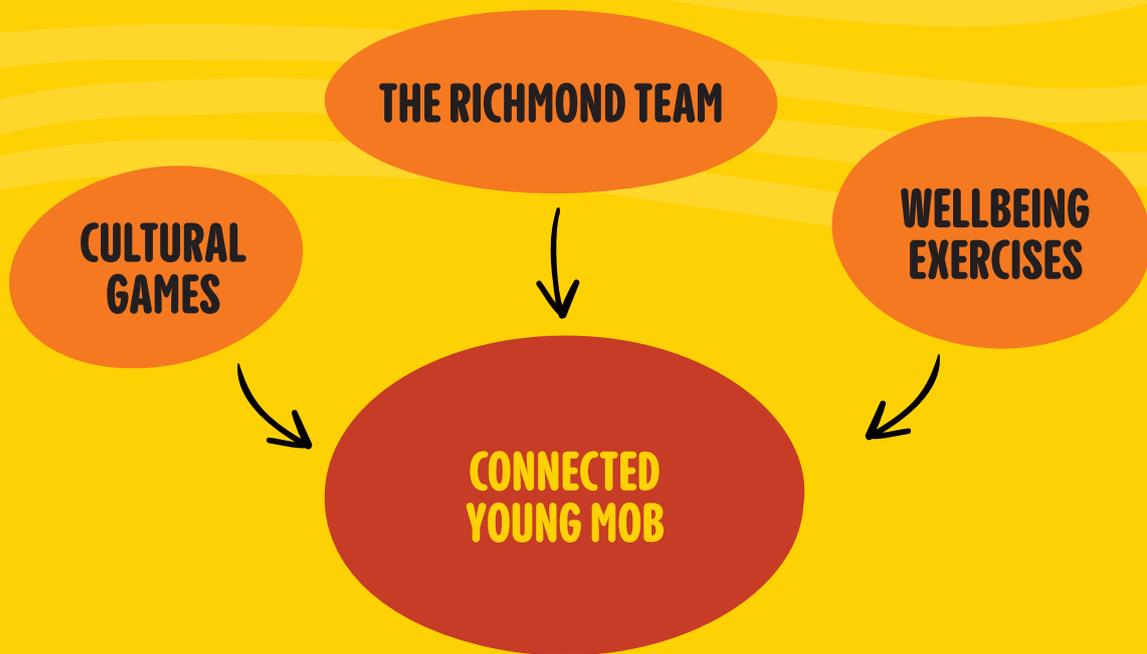
At the end of the session, students will find-out how to enrol in the REAL programs and stay connected with the KGI team.

Resources: Space to play a game (indoor or outdoor)

Cost: Free

Age: Program is suitable for students from Years 7–12

Length: 2.5 hours



In 2022, the KGI will be delivering the REAL Schools program in the following regions:

- Mildura (Term 2)
- Albury/Wodonga (Term 2)
- Shepparton (Term 3)
- Echuca (Term 3)
- Melbourne (Term 2 and 3)

To book a REAL Schools program, educators can register interest via our website.

Expressions of interest close
February 28, 2022.

Successful schools will be contacted to
arrange a date and time for the program.

REAL Program

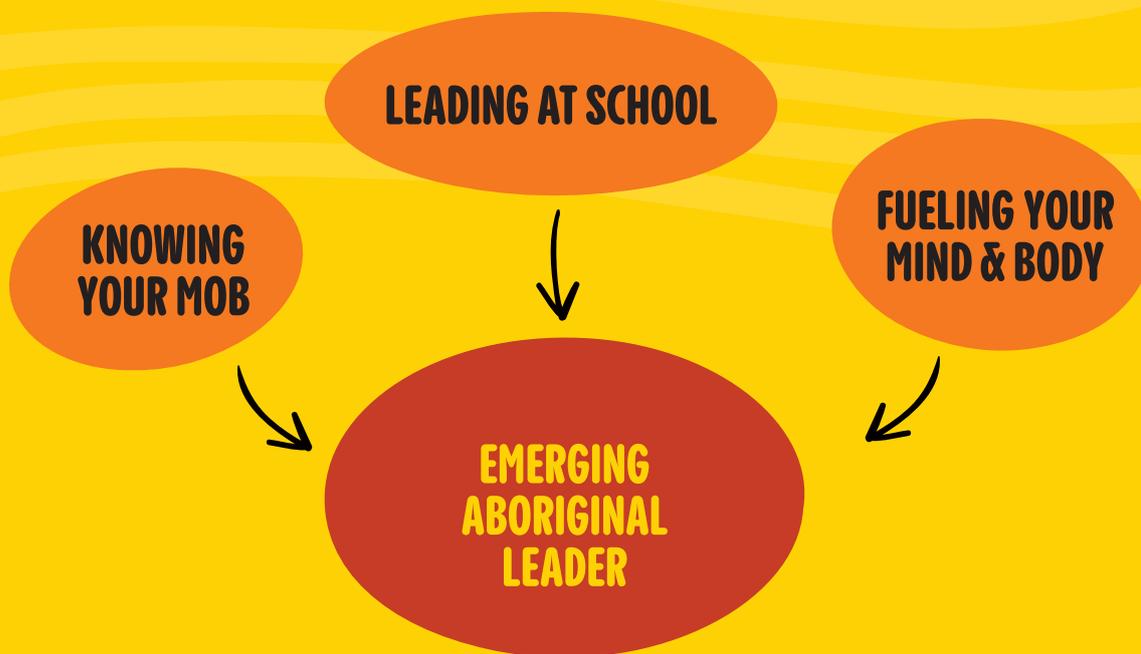
Years 7 & 8

Our Year 7 & 8 program is the first stage in the Richmond Emerging Aboriginal Leadership journey. This two-day, non-residential program welcomes participants to the KGI team, and introduces participants to the three key pillars of the REAL program.

Our year 7 & 8 program includes workshops that explore:

- Being an Indigenous leader within your school.
- Growing your identity through community connections.
- The importance of sleep and good nutrition on wellbeing.

An important part of this program is connecting with other young Indigenous mob and having heaps of fun. In our Year 7/8 program participants will learn some of the classic KGI games and will participate in team-building sports.



2022 Details

Mildura Waves

Sat, Feb 19 and Sun, Feb 20

Wodonga Leisure Centre

Sat, Feb 27 and Sun, Feb 28

Richmond Football Club

Sat, Mar 5 and Sun, Mar 6

Njernda, Echuca

Sat, Mar 19 and Sun Mar 20

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 7 or Year 8 in 2022.

Program numbers are limited, and successful applicants will be notified 4-weeks prior to the commencement of the program.

All program costs are covered by the KGI including a gear pack including t-shirt, drink bottle and backpack.

The KGI is committed to removing barriers to participation and, on a case-by-case basis, provides additional supports including transport.

The KGI is a place of safety, and welcomes all young people, regardless of their sexuality, gender, or ability.





REAL Program

Years 9 & 10

This is the second stage in the Richmond Emerging Aboriginal Leadership journey. As well as expanding participants understanding of the three key pillars of the REAL program, this three-day residential program has a special focus on Women's Business and Men's Business.

We offer two separate programs:

- **Tiddas program** is for young Indigenous people who identify as female.
- **Young Fellas** program is for young Indigenous people who identify as male.

Our Tiddas Program is held in Melbourne with participants staying at the Quest apartments in Docklands.

Our Young Fellas Program is held in Albury, with participants staying 'On Country' at the Boys to the Bush camp site.

Each program includes workshops that explore:

- Self-confidence and self-awareness
- Mindfulness
- Expressing culture through art, dance, and song.



2022 Details

Tiddas Program (identifying females)
Mon, Sept 19 - Wed, Sept 21 2022

Young Fellas Program (identifying males)
Wed, Sept 28 - Fri, Sept 30 2022

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 9 or Year 10 in 2022.

Program numbers are limited, and successful applicants will be notified 4-weeks prior to the commencement of the program.

All program costs are covered by the KGI including a gear pack including t shirt, drink bottle and backpack.

The KGI is a place of safety, and welcomes all young people, regardless of their sexuality, gender, or ability.

How to get involved

REAL Programs and Pathway Programs.

Register online through kgi.org.au

If your application is successful, a member of the KGI team will contact you and send you a confirmation pack.

KGI Events

If you would like to keep informed of KGI events, register your contact details via kgi.org.au

If you would like to know more, email info@kgi.org.au



REAL Program

Years 11 & 12

This is the third stage in the Richmond Emerging Aboriginal Leadership journey. This three-day, residential program further expands participants understanding of the three key pillars of the REAL program.

Our year 11/12 program includes workshops that explore:

- Being a young leader within your community.
- Looking out for other mob.
- Your rights and responsibilities as a young First Nation's person.

This program is held in Melbourne with participants based primarily at the Richmond Football Club. Participants stay at Club approved accommodation within the Richmond precinct. Supervision is provided by KGI staff. All meals and equipment are provided.

The 11/12 program includes a football match and dinner in the city.



2022 Details

Program dates

Sat, Apr 9 – Mon, Apr 11, 2022

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 11 or Year 12 in 2022.

Program numbers are limited, and successful applicants will be notified 4-weeks prior to the commencement of the program.

All program costs are covered by the KGI including a gear pack including t shirt, drink bottle and backpack.

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KGI Elite Sports Program Years 9–12

The KGI Elite Sports Program is a six-day program that provides Indigenous youth in Years 9-12 with focused elite-level training. This program is designed for young athletes who are actively engaged in school-based or club-level competitive sport.

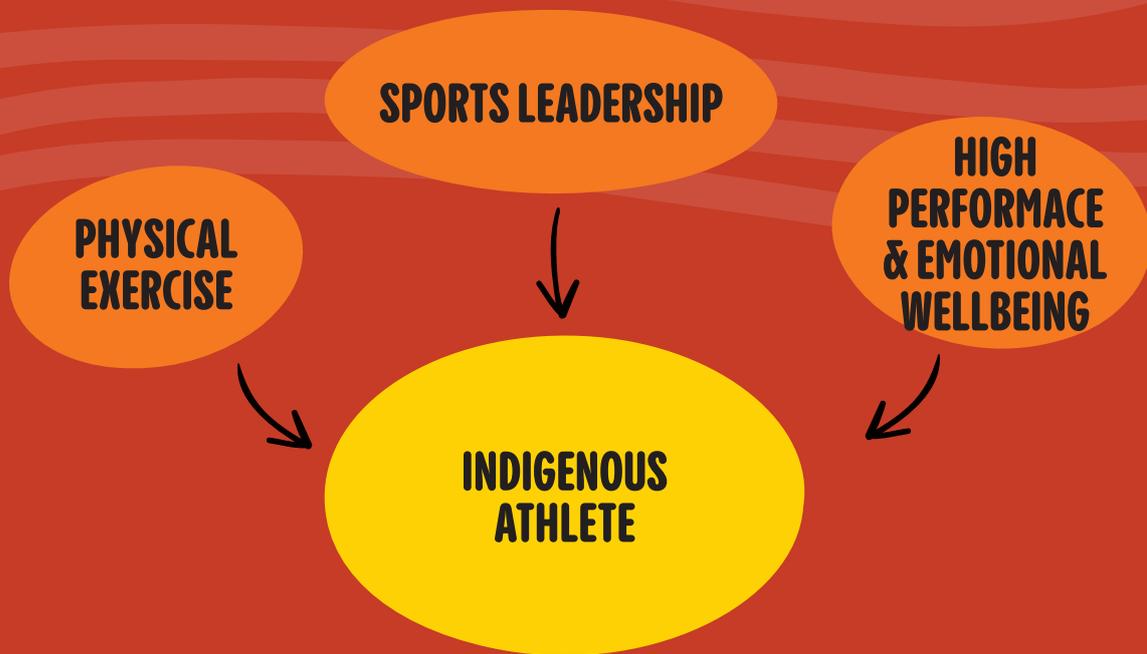
Delivered over three weekends (January, July and December) this program includes physical exercise, sports leadership, and high-performance social and emotional wellbeing techniques.

Delivered from the Richmond Football Club, this program physically prepares athletes for the pre-season and exposes participants to a typical week in the life of an elite athlete.

Athletes stay at Club approved accommodation within the Richmond precinct. Supervision is provided by KGI staff. All meals and equipment are provided.

The program is supervised by Korin Gamadji Institute Indigenous staff, and activities are supervised by elite-level trainers from the Richmond Institute of Sports Leadership.

Program participants will also be offered the opportunity to join the Bachar Houli Foundation team to compete in the Unity Cup.



2022 Details

Session 1

Sat, Jan 22 and Sun, Jan 23

Session 2

Sat, Jul 23 and Sun, July 24

Session 3

Sat, Dec 3 and Sun, Dec 4

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 9, 10, 11 or 12 in 2022.

Program numbers are limited, and successful applicants will be notified 4-weeks prior to the commencement of the program.

All program costs are covered by the KGI including a gear pack including t shirt, drink bottle and backpack.

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KGI Advanced Leadership Program (18–25)

This Advanced Leadership program is an extension of the REAL program. Designed specifically for Indigenous youth aged 18–25, this program delivers a range of professional experiences over a 12-month period.

The KGI Advanced Leadership program includes:

- Media training with the Richmond Football Club.
- Mental health first aid training.
- Leadership workshops with Kesh Sharma.
- Community dinners at Punt Road Oval.

At the end of the year, participants travel to Tasmania to attend a four-day Cultural Leadership Retreat with Richmond Football Club and other key stakeholders.

Selection

Applicants are required to complete the nomination form on the KGI website, answering key questions about why they would like to participate in the program, and what they hope to learn.

Successful applicants will be shortlisted for an interview, with a panel consisting of KGI staff and a community member.



Benefits

The Ambassadors will have the opportunity to work directly with KGI staff and other key stakeholders, creating an important professional network across the industry. Other benefits of the program include:

- Payment of an honorarium for participating in the program.
- Opportunities for personal and professional development, including mentoring from KGI and Richmond Football Club staff.

- A written reference from the Director of KGI outlining their experience and highlighting their strengths and achievements throughout the Ambassadors Program.
- A place on the Leadership Retreat on Palawa Country in Tasmania.

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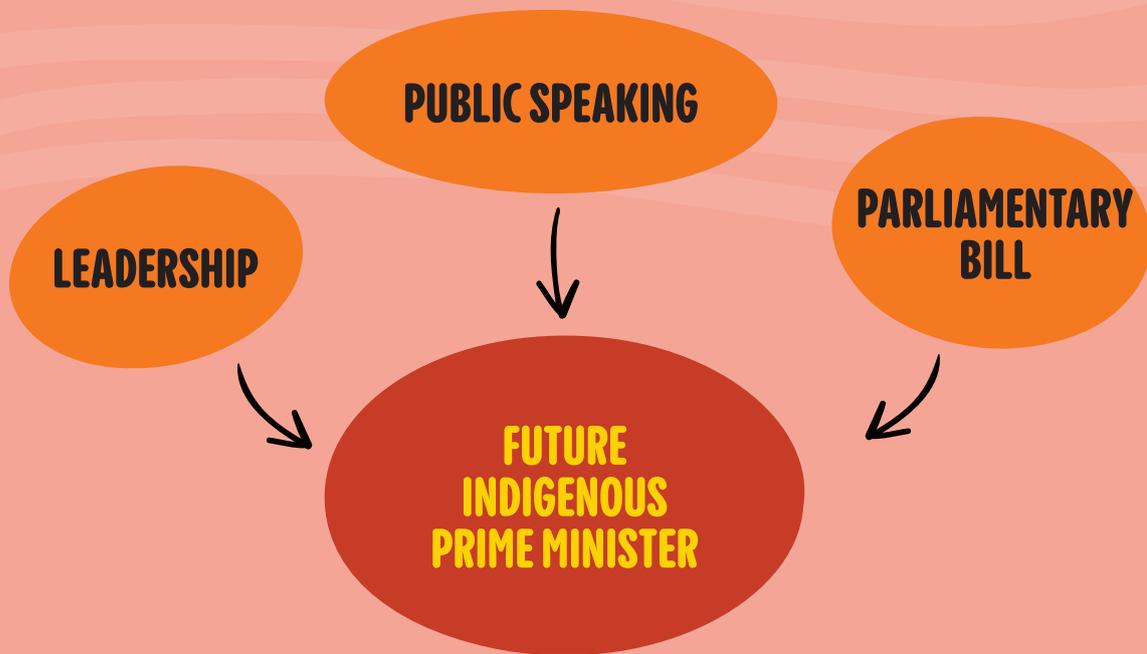
KGI Youth Parliament Program

The Youth Parliament is a program run by YMCA and gives young people a chance to be heard at the highest levels of the Victorian Government.

Each year, the KGI enters a youth parliament team. This team of 6 is managed and mentored by a KGI staff member.

Over a 6-month period the team is provided with training in public speaking and leadership. Each team then chooses an issue of importance and drafts a Bill that will be debated within the parliamentary chambers. Bills passed by the Youth Parliament and approved by the Youth Governor, are then passed onto the State Government for consideration.





2022 Details

Program Dates

Training session 1:

April 2022

Training session 2:

Mon, Jun 27 – Fri, Jul 1, 2022

Participants will also be required to meet virtually to work on their Bill.

Registration is open to all young people who identify as Aboriginal and/or Torres

Strait Islander and are aged 16-25.

Program numbers are limited, and successful applicants will be notified 4-weeks prior to the commencement of the program.

All program costs are covered by the KGI.

The KGI is a place of safety, and welcomes all young people, regardless of their sexuality, gender, or ability.

How to get involved

REAL Programs and Pathway Programs.

Register online through kgi.org.au

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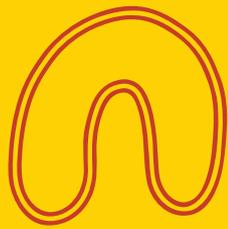
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