



# REAL Program

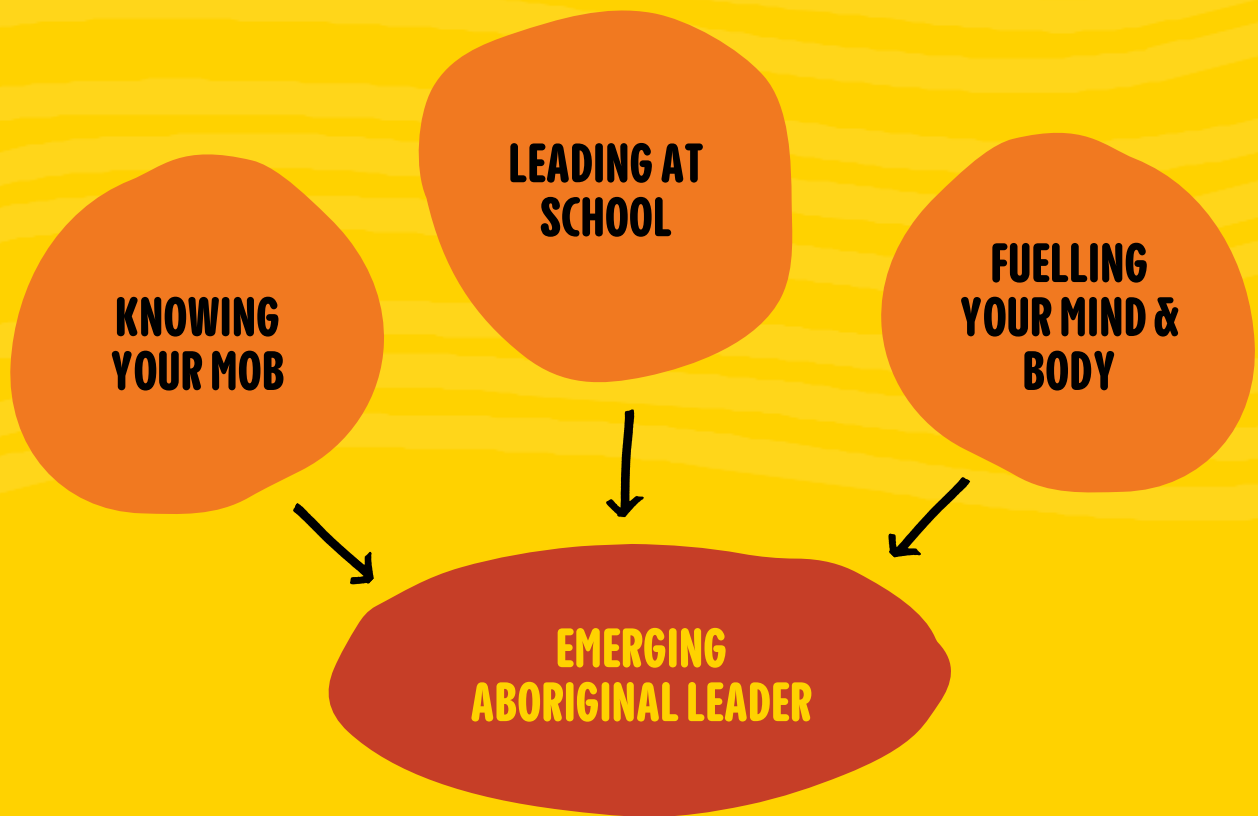
## Years 7 & 8

Our Year 7 & 8 program is the first stage in the Richmond Emerging Aboriginal Leadership Journey. This 1-day, non-residential program welcomes participants to the KGI team and introduces participants to the three key pillars of the REAL program.

Our Year 7 & 8 program includes workshops that explore:

- Exploring foundations needed to become an Indigenous leader within your school
- Growing your identity through community connections
- The importance of sleep and good nutrition on wellbeing

An important part of this program is connecting with other young Indigenous mob and having heaps of fun. In our Year 7 & 8 program participants will learn some of the classic KGI games and will participate in team-building sports.



### 2023 Details

Program dates  
Richmond Football Club  
Fri 22 Sep

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 7 or Year 8 in 2023.

Program numbers are limited and successful applicants will be notified 4 weeks prior to the commencement of the program.

All program costs are covered by KGI including a gear pack.

KGI is a place of safety and welcomes all young people, regardless of their sexuality, gender or ability.

## How to get involved

### KGI Programs

Register online through [kgi.org.au](https://kgi.org.au)  
If your application is successful, a member of the KGI team will contact you and we will send you a confirmation email.

### KGI Events

If you would like to keep informed of KGI events, or find out more email [info@kgi.org.au](mailto:info@kgi.org.au) or go to [kgi.org.au](https://kgi.org.au).

